

FFC 1st Annual Swim Meet
Fitness Formula Clubs – Union Station
February 27, 2010



Final Results

100 IM

1. Jenni Henry 1:27:05
2. Rachel Pruess 1:29:99
3. Erin McCarthy 1:40:58
4. Helen Fogarty 1:48:96
5. Rebecca Cox 1:51:60

50 Fly

1. Al DiGiovani 24:97
2. Graeme Hunter 27:81
3. Fransisco Bahena 39:33
4. Rebecca Cox 49:86
5. Erin McCarthy 53:55

100 Free

1. AL DiGiovani 54:85
2. Lonny Boeke 59:54
3. Stephen Diggins 59:82
4. Matt Feldman 1:01:36
5. Conor MacFarlane 1:12:58
6. Erin McCarthy 1:17:61
7. Fransisco Bahena 1:20:37
8. Gwen Pursell 1:20:01
9. Rachel Pruess 1:20:85
10. Tonya Harms 1:39:65
11. Carol Steele 1:53:09

50 Breast

1. Stephen Diggins 38:41
2. Conor MacFarlane 40:84
3. Tonya Harms 48:87
4. Gillian Forsyth 51:69
5. Helen Fogarty 53:53
6. Rebecca Cox 57:84

100 Back

1. Jenni Henry 1:18:37
2. Erin McCarthy 1:49:19

500 Free

1. Erin McCarthy 7:45:92
2. Rachel Pruess 8:08:69
3. Conor MacFarlane 8:25:03
4. Gwen Persell 8:57:47
5. Carol Steele 10:50:21

200 Medley Relay

1. Stephen Diggins, Al DiGiovanni, Conor Macfarlane, Matt Feldman 2:08:35
2. Helen Fogarty, Gillian Forsyth, Becca Cox, 4th 3:15:03

100 Fly

1. Lonny Boeke 1:10:45

50 Back

1. Graeme Hunter 29:73
2. Matt Feldman 32:30
3. Jenni Henry 39:22
4. Rebecca Cox 55:31

200 Free

1. Lonny Boeke 2:18:20
2. Connor MacFarlane 2:51:04
3. Gwen Pursell 3:11:80
4. Carol Steele 4:28:27

100 Breast

1. Jenni Henry 1:38:04
2. Rachel Pruess 1:41:03
3. Tonya Harms 1:46:53
4. Helen Fogarty 2:02:62

50 Free

1. Graeme Hunter 25:51
2. Matt Feldman 27:40
3. Steven Figg 27:78
4. Gwen Pursell 37:22
5. Helen Fogarty 46:70
6. Rebecca Cox 49:37
7. Tonya Harms 50:53
8. Gillian Forsyth 50:90
9. Carol Steele 50:95

200 IM

1. Lonny Boeke 2:30:02
2. Jenni Henry 2:56:14